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Community First Solutions Expands into Michigan with Management of Two Senior Living Communities Detroit Metro Market

HAMILTON, OH – CFS Senior Holdings, LLC., a for profit subsidiary of Community First Solutions, today announced the completion of its Michigan expansion with the management of two senior living communities in the Detroit metro market. The Bradford and River Oaks, both previously operated by Cardinal Senior Living, will be rebranded as Orchard Hill and Gable House, respectively, marking a significant milestone as CFS Senior Holdings' first presence outside of Ohio.

This move represents a natural extension of Community First's proven model of growth – transforming communities through mission-driven culture, operational excellence, and a deep commitment to residents and team members. Orchard Hill and Gable House will join a growing portfolio of senior living communities where CFS has demonstrated consistent improvements in quality of care, employee engagement, and occupancy performance following transition.

"We are proud to welcome the residents, families, and team members of Orchard Hill and Gable House into our family," said Brett Kirkpatrick, President & CEO of Community First Solutions and CFS Senior Holdings. "This expansion into Michigan reflects our belief that exceptional senior care is built on relationships – with the people we serve and the communities we call home. We look forward to bringing our culture of hospitality and our commitment to person-centered care to Michigan."

Located in Bloomfield Township and Rochester, Michigan – two of metro Detroit's most established and sought-after communities – Orchard Hill and Gable House are well-positioned to benefit from CFS Senior Holdings' regional expertise and proven operational playbook. Both communities will retain current team members, a practice consistent with every CFS management transition to date, and residents and families will experience continuity of care throughout the transition period.

"These areas are vibrant, family-centered communities, and we are honored to serve the seniors who call them home," Kirkpatrick noted. "Our track record in Ohio has shown that when you lead with culture, invest in your people, and hold yourself to the highest standards of care, good things follow – for residents, for families, and for the broader community. We intend to bring that same spirit to Michigan."

<u>Accelerated Growth Strategy Delivers Results</u>

The Michigan management contract marks the latest chapter in an ambitious, yet disciplined expansion strategy for Community First Solutions, building on a series of successful growth moves over the past three years:

- September 2023: Acquired Anthology of Mason, launching the luxury Montage Mason assisted living and memory care community in Deerfield Township, OH
- November 2023: Entered strategic partnership with Kettering Health to manage Sycamore Glen Senior Living Community operations in Miamisburg
- August 2024: Welcomed The Patterson luxury assisted living and memory care community in Beavercreek, OH
- July 2025: Acquired BrightStar of Mason, rebranded as The Cottage of Mason – assisted living and memory care in Mason, OH

- July 2026: Assumed management of two communities in Michigan, rebranded as Orchard Hill and Gable House – CFS Senior Holdings' first expansion beyond Ohio.

"In today's increasingly complex healthcare landscape, strategic growth isn't just an opportunity – it's essential for sustainability, especially for mission-driven non-profit providers," Kirkpatrick explained. "Expanding into Michigan through CFS Senior Holdings allows us to extend our continuum of services, create operational efficiencies across a broader portfolio, and most importantly, serve more seniors and families who deserve exceptional care."

A Century of Community-Centered Care

Founded in 1918, Community First Solutions has built its reputation on a comprehensive approach to health and wellness that extends far beyond traditional senior living. Headquartered in Hamilton, Ohio, the organization operates an integrated network of services including two top-rated Continuing Care Retirement Communities (Berkeley Square and Westover), multiple assisted living and memory care facilities, Jamestowne 5-Star post-acute care facility, behavioral health services, pharmacy services, and community-based supports for older adults throughout Southwestern Ohio.

This diversified service model positions Community First Solutions as a unique player in the regional healthcare market, offering families seamless transitions between care levels and comprehensive support throughout the aging process.

Significant Growth Milestone

The addition of Orchard Hill and Gable House further strengthens Community First's growing regional footprint:

- 1,000+ senior living residents across the portfolio
- 1,000+ regional employees supporting operations across Ohio and Michigan
- $90+ million in annual operating revenue under management

These numbers reflect not just organizational growth, but the expanding impact Community First Solutions and CFS Senior Holdings have on seniors, families, and communities across the region.

About Community First Solutions

Community First Solutions is a Hamilton, Ohio-based not-for-profit organization dedicated to providing comprehensive health and wellness services throughout Southwestern Ohio. Since 1918, the organization has served thousands of families through its integrated network of senior living communities, post-acute care, behavioral health services, pharmacy services, and community supports. Community First Solutions is committed to innovation, quality care, and community partnership in addressing the evolving needs of an aging population.

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